ARHTHROCONE 2024
INTERNATIONAL SHOULDER SYMPOSIUM

30th Annual Meet 2024

Date: 28th APRIL 2024
Venue: GMC FOUNDATION ORTHO HOSPITAL AUDITORIUM
CH Cross Road, East Nadakkavu, Kozhikode, Kerala 673001

Address for Correspondence
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www.ikof.org | www.jortho.org
1. Eminent faculties in the field of Shoulder Arthroscopy.
2. Live Surgeries Shoulder Arthroscopy.
3. Interactive session.
4. Lunch time workshops.

Y-Knot™ RC
Self Punching All-Suture Anchor System

With strong fixation and a simple, self-punching technique, Y-Knot® RC anchors help overcome the trade-offs of traditional rotator cuff anchors while the NEW Hi-Fi® Tape and Hi-Fi® Suture have been shown to reduce abrasion and tendon tear-through.

Y-Knot™ Flex
All-Suture Anchors for Instability

The Y-Knot® Flex System for labral and capsular-based repairs helps improve surgical flexibility and access with small, all-suture anchors that deliver secure fixation with up to 80% less bone removal.
Dear Colleague,

We would like to invite you all for the 30th Annual Meet ARTHROCON 2024, organized by the Indo Korean Orthopaedic Foundation (IKOF) and Prof. P. K. Surendran Memorial Education Foundation on 28th April 2024 at GMC Ortho Auditorium, Calicut, Kerala.

This year’s theme is “ADVANCES IN SHOULDER ARTHROSCOPY”

We are all well aware of the fact that the volume of arthroscopic Shoulder surgeries have shown a rapid ascent in our state in the recent years. Till few years ago, all the arthroscopic cases were being referred to the nearby states. Now we are fully equipped to perform all types of arthroscopic procedures in our state. More and more young surgeons are now opting for subspecialization in arthroscopic surgery. This CME aims to keep ourselves up-to-date with the current developments and cutting edge technologies in the field of Shoulder arthroscopic surgeries. The perfect blend of theoretical and practical elements with high scientific standard makes this a not to be missed event in the calendar of orthopaedic surgeons.

We have an interesting mix of live arthroscopic surgeries, lectures on controversial topics, case discussions and hands on workshop. Eminent, Inter national & national master arthroscopic surgeons will share their wisdom of knowledge with us.
INSTABILITY:
1. Bony Bankart - tips to succeed?
2. HAGL and Reverse HAGL - diagnosis and management?
3. Posterior labral tears with paralabral cysts - when and how to treat?
4. Multidirectional instability: diagnosis and treatment algorithm
5. Failed Bankart's repair - how to proceed?
6. Open Laterjet procedure - tips for success
7. Remplissage - when and how?
8. SLAP tears - consensus in 2024

LIVE SURGERY 1

ROTATOR CUFF:
1. Lower trapezius transfer techniques for rotator cuff tear... what is the latest?
2. Partial Thickness Cuff Tears - Debride vs Fix?
3. Subscapularis repair - make it less intimidating!
4. Cuff tear pattern recognition and repair technique
5. Rotator Cuff Repair: Tips for Difficult (Massive) Tear
6. Pseudoparalytic shoulder - how to approach?
7. Scapular dyskinesia - diagnosis and management
8. Biceps issues - how to handle in 2024
9. Biceps SCR for massive cuff tears

LIVE SURGERY 2

ACROMIOCLAVICULAR JOINT:
1. Horizontal Instability of the AC Joint - Recognize and Treat
2. Acute and chronic ACJ instability - how I treat?
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