Dear Colleague,

Best regards and thank you all for the constant overwhelming response you have given us during the last decade.

Arthroscopy and arthroplasty have revolutionised the practise of orthopaedics for over 50 years. Significant and dramatic advancements have occurred in this field with the deep understanding of the knowledge of the complex biomechanics of hip, knee and shoulder as well as the rapid improvements in tribology. A dynamic Surgeon always keep him updated in the basics and complexities of arthroscopy and arthroplasty.

This year we have a very special and distinguished faculty, Prof. Piers Yates head of orthopaedics and trauma, Fermante, Kaleeya and Rockingham Hospitals. He is also a professor of Orthopaedic Surgery at the University of Western Australia and Clinical Director of Perth Bone and Tissue Bank.

This year's programme will be highlighted with live surgical demonstrations by masters in respective fields along with detailed discussions on specific points and different case scenarios. Delegates will have an excellent opportunity to spend their time with renowned experts in the field.

**Course Co-ordinator**
- Prof. P. GOPINATHAN
- Dr. SIBIN SURENDRAN

**Patron**
- Dr. P.P. MOHAMMED MUSTHAFA

**Course Director**
- Prof. M.K. VISWANATHAN
- Dr. ANWAR MATHYA

**Executive Org. Secretary**
- Dr. RAJU.K

**Organiser**
- Dr. MOHAMMED HASIL

**Faculties Expected**
- Dr. Ashish Babhukar (Pune)
- Dr. Clement Joseph (Coimbatore)
- Dr. Chandra Bose Rex (Coimbatore)
- Dr. David Rajan (Coimbatore)
- Prof. Gopinathan (Calicut)
- Dr. Hemanth Kumar Reddy (Bangalore)
- Prof. KC Gopalakrishnan (Trivandrum)
- Prof. Gopakumar (Trivandrum)
- Dr. Jacob Varghese (Cochin)
- Prof. CM kumar (Calicut)
- Dr. Mohan Kumar (Perinthalmanna)
- Prof. N J Mani (Calicut)
- Prof. Piers Yates (Australia)
- Dr. Prathap Kumar (Cochin)
- Dr. Premkumar (Trichur)
- Prof. Shantharam Shetty (Mangalore)
- Prof. Sarath Rao (Manipal)
- Dr. Sachin Tapaswi (Pune)
- Dr. Sugavanam (Salem)
- Prof. Samuel Chittaranjana (Vellore)
- Dr. Schiller Jose (Calicut)
- Dr. Vijay Bose (Chennai)
- Dr. Vivek Pandey (Manipal)

Calicut regional faculty

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**Arthrocon 2013**
March 9th and 10th at MICC auditorium, Calicut - 673014
Programmes Starts at 8 am

**Topic list**

**Live Demonstration of Relevant Cases**

**Shoulder Arthroscopy**
- Shoulder arthroscopy - Portals, positioning and what's normal
- Shoulder instability & Clinicoradiological evaluation
- Partial Rotator cuff tear - Evaluation and management
- Complete Rotator cuff tear - Evaluation and management
- SLAP lesions - Evaluation and management
- Biceps tenodesis - When and how
- ACJ dislocations - Indications and my technique
- Shoulder Scopys - Anaesthesia and Analgesia

**Knee Arthroscopy**
- Meniscectomy - Tips and tricks
- Meniscal repair - My technique (zone wise)
- ACL reconstruction with hamstrings - Pearls & pitfalls
- MPFL reconstruction - Indications and my technique
- PLC repair - My technique
- MCL repair and reconstruction - Indications and my technique
- PCL reconstruction - Indication and my technique
- Multiligamentous knee injury - What to do next?
- Chondral injury - Options and evidence

**Total hip replacement**
- THR - How to restore the offset
- THR - Bearing surfaces and evidence
- THR - Cemented or uncemented - current scenario
- Dysplastic hip - Pearls and pitfalls
- Revision THR - Femoral options
- Revision THR - Acetabular options
- Infected THR - My algorithm
- Dislocated THR - My algorithm

**HANDS ON WORK SHOP**
Course Dinner : 09.03.13, 7 pm Onwards